

# From Black Sand to the Rose

*The Transformative Role of Image in Sandplay Therapy*

## Seminar Overview

This seminar offers an in-depth exploration of the processes of transformation at work in children confronted with rupture, loss. Through symbolic work with **sand, images, creative processes, and land art**, we will explore how early difficult experiences can gradually be represented, worked through, and integrated.

The **guiding thread of the seminar** unfolds through several interconnected movements:

- **Black Sand** – evoking origins marked by separation, chaos, or the unspeakable
- **Emergence of Form** – in sandplay and natural environments, allowing expression without words
- **From Rupture to Relationship** – supported by shared creative experiences
- **From Wounded Child to Hero** – emergence of inner resources and symbolic courage
- **The Rose** – representing transformation and the reorganization of attachment

Special attention is given to the **role of the image**, often misunderstood theoretically, but central to sandplay therapy. Images are living expressions of the psyche, allowing inner experience to take form before it can be thought or verbalized.

## Seminar Setting

The seminar takes place in a **welcoming residential house**, a unique place of care in Belgium, surrounded by nature. The center offers both **seminars and residential retreats**, providing time for introspection, integration, and personal development.

### Highlights of the environment:

- Natural surroundings for reflection and land art
- Delicious meals with **organic, seasonal, and fair-trade products**
- A warm, nurturing atmosphere to support both personal and professional growth

# Supervision & Professional Recognition

Participants will benefit from:

- **Collective supervision**
- Guidance on professional development and ISST membership processes
- Opportunities for reflection on **symbolic work, clinical cases, and paper presentations**

Supervision is provided by **experienced ISST members**, with decades of clinical expertise in sandplay therapy, in **co-teaching with Jellemieke Hees-Stauthamer**, ensuring high clinical and theoretical standards. Presentation : John Paulet and Agne Rožlapa-Junkere

All work during the seminar is recognized in the **official process toward ISST membership**, supporting participants' professional journey.

## Seminar Program – March

### Friday, March 27

- 12:30 p.m. – Welcome
- 1:00 p.m. – Room check-in & lunch
- 2:00 p.m. – Case presentation: *The Black Sand in Sandplay* – John Paulet
- 4:00 p.m. – Tea break
- 5:00 p.m. – Case Presentation: *The Hero's Journey in Sandplay.* – Agne Rožlapa-Junkere
- 7:00 p.m. – Dinner
- 9:00 p.m. – Film screening

### Saturday, March 28

- 8:30 a.m. – Breakfast
- 9:30 a.m. – Forest walk & Land Art & Sandplay (Inner experience)
- 1:00 p.m. – Lunch
- 2:00 p.m. – Case presentation: Sandplay with Children in Foster Care – John Paulet
- 4:00 p.m. – Tea break
- 5:00 p.m. – Symbol paper : The Rose - Agne Rožlapa-Junkere
- 7:00 p.m. – Dinner
- 8:00 p.m. – Free evening


## Sunday, March 29

- 8:30 a.m. – Breakfast
- 9:30 a.m. – Group supervision: case presented by a participant
- 11:00 a.m. – Group Supervision : case presented by a participant
- 12:00 p.m. – Lunch
- 1:00 p.m. - Reflection on symbolic work, clinical cases, and paper presentations
- 2:00 p.m. – Departure or possibility to continue enjoying the Center and his surrounding.

### Additional Event – Sunday 5 p.m.

- Conference: *Sandplay Therapy* – Hat Donation
- Part of the “Introduction of Sandplay Therapy : a tool or a therapy ? Training program, led by John Paulet, open to professionals and the general public.

## Seminar Fees

- Lodging & meals: €100/day → €220 (2 nights + Sunday lunch)
- Seminar participation: €250/person  
 **Total: €470/person**
- **Bank account : « Sur Le chemin » : BE 90 5230 8102 9532  
with the following communication : Seminar Sandplay 27/29 of March**

### Additional included Options:

- Group supervision credits
- Theoretical seminar credits

# Instructors

## **Jellemieke Hees-Stauthamer, Ph.D. (Netherlands)**

Clinical psychologist and psychotherapist trained in the USA. Chair and founding member of the Netherlands Sandplay Society, former ISST VP Europe, Israël and South America, current Boardmember for the Netherlands. Offers Sandplay therapy, trauma treatment, and training in the Netherlands.

## **Agne Rožlapa-Junkere (Latvia/germany)**

Latvian psychologist and certified sandplay therapist (ISST/DGST/LSST), dramatherapist, lecturer, Sandplay therapist and practitioner working with young adults in social rehabilitation and vocational training.

## **John Paulet (Belgium)**

Belgian therapist, ISST Independent Router Member, Systemic psychotherapist, aspiring Jungian analyst and ethnopsychologist. Works with families, children, and adults using Sandplay, Play & Creativity Therapy, and Jungian analysis. Experienced in Ethnopsychiatry, Systemic, Sandplay therapy and experimental retreats.

**Languages:** The seminar is accessible in English, Dutch, and French.



**Address :** Sur le Chemin Center

Rue Emile Vandervelde 11

1460 Virginal

Belgium



## Accessible by train :

Train to Brussel and connection to Hennuyeres (25min) + shuttle to the Center (5min)

Accessible by car : Parking place on site or near the Centre (Rue du Moulin à Vent)

## Organisation/information :

John Paulet

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